



Your enjoyment of the food served at Lake Doniphan is of prime importance to us.

Please let us know if you have any special requests.

Special menus and dietary restrictions can be noted on the Food Service Form in the contract package. We prepare one entrée per mealtime as well as a VEGETARIAN or VEGAN alternative, if requested in advance. Just let us know how many are in your group and we will prepare tasty and nutritious alternatives for them for each meal.



All meals are served in the Main Lodge dining room. Groups may select mealtimes within these windows: Breakfasts 7:00 a.m. to 9:00 a.m., Lunches 11:30 a.m. to 1:00 p.m., and Dinners between 5:00 p.m. and 6:30 p.m.

Your event director or planning committee chooses the meals for your event. If another group is here at the same time, we work at cooperatively creating the menus together. When we have more than one group here, mealtimes are staggered by a half-hour and tables are assigned so that groups may eat together.

For health and liability reasons, we do not allow groups to use our kitchen to prepare food. The Lake Doniphan staff provides all meals and a major portion of the cleanup. Guest groups are asked to provide volunteers to help serve and to wipe off tables and sweep the floor. (Groups may also pay extra to have these duties done for them by prior arrangement.)

The beverage bar is available on a 24-hour basis.

We can also provide refreshments for your group. Cost: \$1 per person per snack session and up.

Lake Doniphan also offers full-service banquets with upgraded menu choices. Additional or special meals are available for an extra fee.

Lake Doniphan Conference & Retreat Center

RETREAT MENU



*Close to the city...
but far removed.*

Phone: 816-630-1523

Fax: 816-630-2224

Email: info@lakedon.org

mallen@lakedon.org

BREAKFASTS

Cold cereals and oatmeal or cream of wheat served with all breakfasts.

- B1**
BISCUITS & GRAVY, Scrambled Eggs, Hashbrowns, Fruit
- B2**
BREAKFAST CASSEROLE
Fresh Fruit
- B3**
FRENCH CONTINENTAL BREAKFAST, Fruit
- B4**
PANCAKES, SAUSAGE, Bacon & Eggs, Fruit
- B5**
BREAKFAST BURRITO, Salsa, Hash Browns, Fruit
- B6**
BACON & EGGS, English Muffin, Potato Smiles, Fruit
- B7**
FRENCH TOAST
Ham and Fruit



LUNCHES

Salad Bar and Dessert offered with all lunches and dinners.

- L1**
CHICKEN STRIPS, Mashed Potatoes & Gravy
- L2**
DELI SANDWICHES & Fixings, Chips, Soup, Watermelon, Brownies
- L3**
CHEESEBURGER OR HOT DOG, Fries, Cookies, Fruit
- L4**
BAKED POTATO BAR with toppings, Cinnamon Roll, Fruit
- L5**
HAM & CHEESE POCKETS, Tater Tots, Italian Slaw, Fresh Fruit
- L6**
TACO SALAD OR WRAP, Cilantro Rice or Mexican Rice, Beans, Churros
- L7**
PULLED PORK BBQ SANDWICH, Corn Cobettes, Baked Beans, Peach Cobbler

Your group may request wheat breads, rolls, wraps or buns instead of white.



DINNERS

Salad Bar and Dessert offered with all lunches and dinners.

- D1**
BAKED ZITI W/MEATBALLS, Italian Veggies, Garlic Bread, Fruit
- D2**
SWEET & SOUR SHRIMP or General Tso Chicken, Fried Rice, Noodles, Broccoli, Fruit
- D3**
TUSCAN CHICKEN, Garlic Buttered Pasta, Italian Salad, Breadstick, Fruit
- D4**
SOUTHWEST BAKED CHICKEN, Chipotle Potatoes, Fruit Cobbler
- D5**
PARMESAN-CRUSTED CHICKEN BREAST, Wild Rice Pilaf, Vegetable, Roll, Fruit
- D6**
SPAGHETTI w/Meat or Alfredo Sauce
Italian Veggie, Breadstick, Luigi's Sherbet
- D7**
POT ROAST w/Basil-Roasted Potatoes, Glazed Carrots, Hot Roll, Cinnamon Apples

